



Shikshan Prasarak Mandal's
**GOPAL KRISHNA GOKHALE COLLEGE,
KOLHAPUR.**

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NAAC Accredited "B" (C.G.P.A. 2.48) 3rd Cycle



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Vice Prin. Shri. N. T. Patil
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M. A., M. Phil., Ph.D.

21 /06 /2024

Title of Activity: Yoga Day in GKG College
Speaker : Anushka Joshi and Mr. P.B. Zavare Sir
Organized by : Science Department Junior College.
Summary : On Occasion of Yoga Day Anushka Joshi and Mr. P.B. Zavare Sir taught about Importance of Health and Fitness.

Snapshots:



Speaker



News Paper

Outcome: By this lecture students came to know,
1. What concentration is?
2. Ways to Health Education.
3. Importance of concentration in life.
4. Benefits of concentration.
5. Importance of yoga.

Program Coordinator

Principal,
G. K. G. College, Kolhapur.